



**CHIROPRACTIC  
THERAPY**



**PREGNANCY CARE**



**AROMATHERAPY**



**NEEDLE THERAPY**



**MASSAGE THERAPY**



**ACUPUNCTURE**



**HERBAL TREATMENT**



**HIJAMAH /  
CUPPING THERAPY**



**SOLALHOLISTICSMATERNITYCLINIC**



**SOLALHOLISTICS10@GMAIL.COM**



**SOLALHOLISTICSMATERNITYCLINIC**

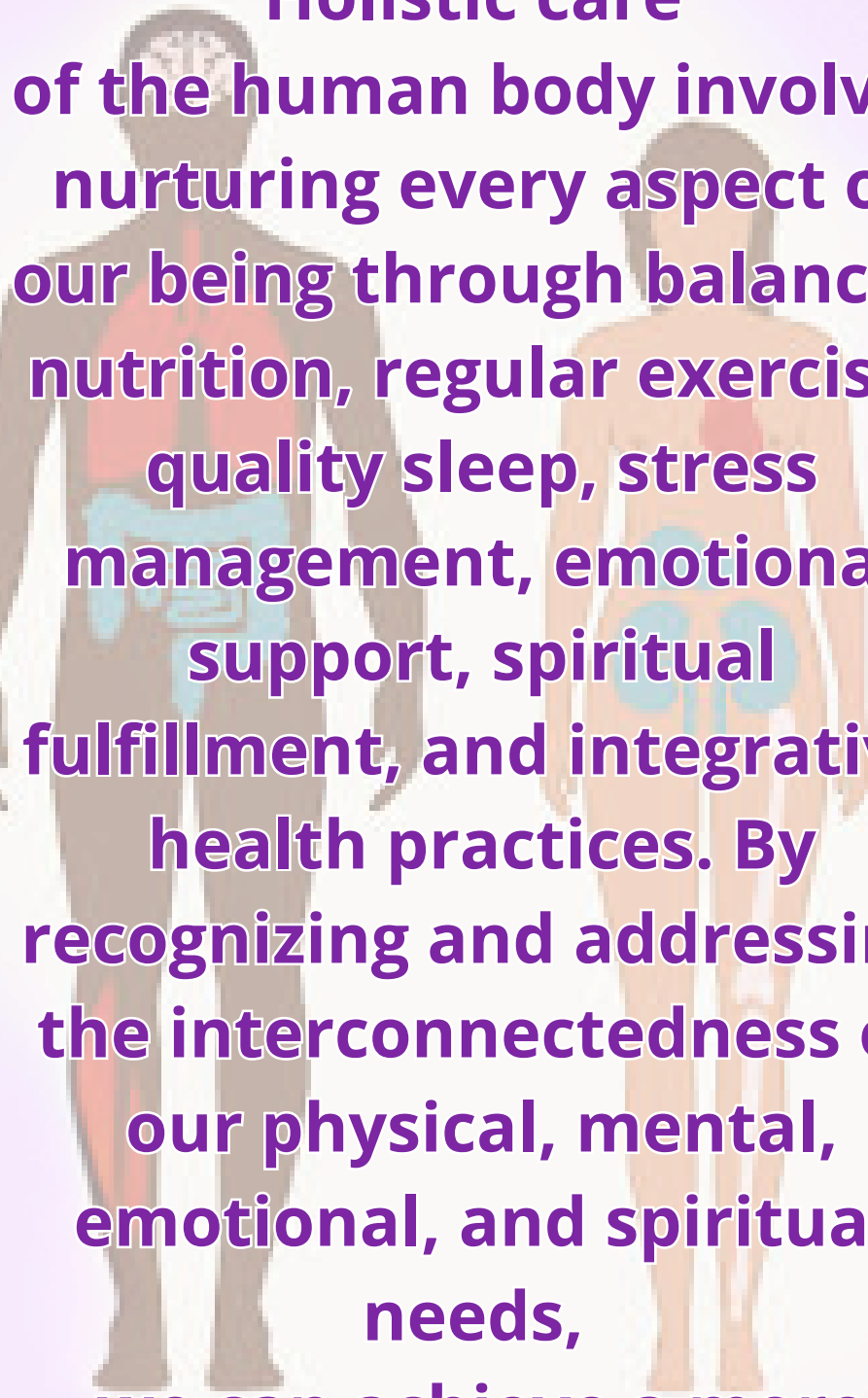


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**166B AKERELE EXTENSION SURULERE LAGOS STATE**



An illustration of a man and a woman standing side-by-side. The man is on the left, wearing a dark suit, with his internal organs highlighted in red and blue. The woman is on the right, wearing a light-colored dress, with her internal organs highlighted in blue. The background is a light purple oval with a darker purple border.

**Holistic care  
of the human body involves  
nurturing every aspect of  
our being through balanced  
nutrition, regular exercise,  
quality sleep, stress  
management, emotional  
support, spiritual  
fulfillment, and integrative  
health practices. By  
recognizing and addressing  
the interconnectedness of  
our physical, mental,  
emotional, and spiritual  
needs,  
we can achieve a more  
harmonious and  
healthy life.**

# OUR SERVICES

S/N	SERVICES	PRICE LIST
1	PERSONAL REGISTRATION	N5,000
2	FAMILY REGISTRATION	N8,000
3	ANTE NATAL CARE REGISTRATION	N30,000
4	CONSULTATION	N10,000
5	PER HEAD APPOINTMENTS	N1500
6	NATURAL BIRTH (WITH OR WITHOUT COMPLICATIONS WHATEVER USED OUTSIDE OUR SCOPE OF OPERATING WILL BE PAID FOR)	N100,000 – N150,000
7	ADMISSION BED	N3,000
8	CIRCUMCISION	N7,500

# THERAPIES

S/N	THERAPIES	PRICE LIST
1	MASSAGE	30K PER SESSION HOME SERVICE 50K
2	CUPPING THERAPY	40K PER SESSION HOME SERVICE 60K
3	HEAT THERAPY	25K PER SESSION HOME SERVICE 40K
4	INFRARED USAGE	25K PER SESSION HOME SERVICE 30K
5	ACUPUNCTURE	30K PER SESSION HOME SERVICE 50K
6	TERAHEARTZ AND OTHER MACHINES	FOR 30 MINUTES 25K HOME SERVICE 40K
7	SAUNA TENT	25K PER SESSION
8	VAGINA STEAMING	7500 PER SESSION
9	CHIROPRACTIC	30K PER SESSION HOME SERVICE 45K
10	HERBAL REMEDIES	PRICE VARIES ACCORDING TO THE SEVERITY OF THE CASE

# THERAPIES

S/N	THERAPIES	PRICE LIST
11	<b>WEIGHT MANAGEMENT</b>	<b>N40K MONTHLY</b>
12	<b>DIETARY AND NUTRITION (MEAL PLAN )</b>	<b>N25K MONTHLY</b>

**NOTE: PATIENTS WHO CHOOSE "HOME SERVICE" ARE RESPONSIBLE FOR PAYING THE TRANSPORTATION FARE.**

# TREATMENT AND HEALING DURATION

## TREATMENTS

## DURATIONS OF TREATMENTS BY ALLAAH'S MERCY

<b>MALARIA AND TYPHOID</b>	<b>1- 2 WEEKS</b>
<b>COUGH</b>	<b>1 - 2 WEEKS</b>
<b>ANEAMIA</b>	<b>7 -10 DAYS</b>
<b>FIBROID</b>	<b>6 MONTHS - 1 YEAR</b>
<b>HORMONAL IMBALANCE</b>	<b>6 MONTHS -1 YEAR</b>
<b>NFECTIONS STDS AND UTI OR BLOOD INFECTIONS</b>	<b>1-3 MONTHS</b>
<b>MICROFILARIA</b>	<b>2-3 MONTHS</b>
<b>STROKE 6 MONTHS</b>	<b>6 MONTHS -1 YEAR</b>
<b>SCIATICA NERVE PAIN</b>	<b>1- 4 MONTHS</b>
<b>LYMPHATIC INFLAMMATORY CONDITIONS</b>	<b>2-6 MONTHS</b>
<b>HAEMORRHOID OR CHRONIC PILE DISEASE</b>	<b>2-6 MONTHS</b>
<b>HIGH BLOOD PRESSURE</b>	<b>2- 6 MONTHS</b>
<b>HIGH CHOLESTEROL</b>	<b>2- 6 MONTHS</b>
<b>INFERTILITY</b>	<b>12 - 18 MONTHS</b>
<b>LOW SPERM COUNT</b>	<b>3- 6 MONTHS</b>
<b>AZOSPERMIA</b>	<b>12-15 MONTHS</b>
<b>VERICOCELE</b>	<b>12-24 MONTHS</b>
<b>OVARIAN CYST</b>	<b>3-6 MONTHS</b>
<b>ARTHRITIS</b>	<b>3 - 6 MONTHS</b>
<b>ERECTILE DYSFUNCTION</b>	<b>2-3 MONTHS</b>
<b>AMENORRHOEA</b>	<b>2-6 MONTHS</b>
<b>CANCER CARE</b>	<b>18 -24 MONTHS</b>
<b>HEPATITIS (OF ANY TYPE)</b>	<b>6-12 MONTHS</b>
<b>TUBE BLOCKAGE</b>	<b>3-6 MONTHS</b>
<b>LOCAL EVACUATION FOR MISSED MISCARRIAGE</b>	<b>1-2 WEEKS</b>
<b>ORGANS RELATED ISSUES (KIDNEY, LIVER, AND OTHERS)</b>	<b>6-12 MONTHS</b>
<b>PCOS</b>	<b>6-12 MONTHS</b>
<b>SEIZURE</b>	<b>9 - 15 MONTHS</b>
<b>AUTISM</b>	<b>12 -24 MONTHS</b>
<b>CEBERAL PALSY</b>	<b>12-1E MONTHS</b>
<b>EYE PROBLEM</b>	<b>2-6 MONTHS</b>

# OVERVIEW OF HEALTH CONDITIONS



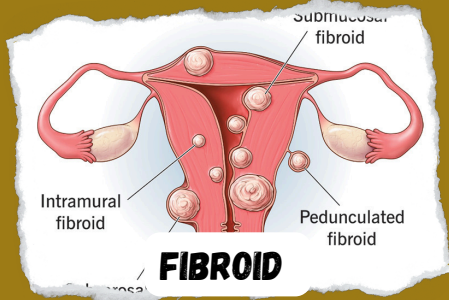
**WEIGHT MANAGEMENT**

**Weight management involves balancing calories consumed and calories burned through physical activity. Healthy eating habits and regular exercise are key components for maintaining a healthy weight.**



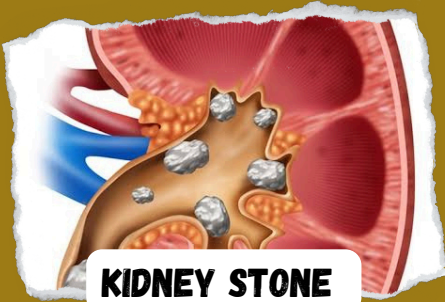
**EYE PROBLEM**

**Eye problem: Holistic approaches include eye exercises, nutritional supplements, acupuncture, and stress reduction techniques to support eye health.**



**FIBROID**

**Fibroid: Non-cancerous growths in the uterus causing pain, heavy bleeding. Treatment options include medication, surgery, or watchful waiting.**



**KIDNEY STONE**

**Kidney stones are hard deposits of minerals and salts that form in the kidneys. Symptoms include severe pain, nausea, and blood in urine. Holistic treatment includes hydration, dietary changes, herbal remedies, and pain management techniques.**



**SEIZURE**

**Seizure: Abnormal electrical activity in the brain. Holistic treatment includes stress reduction, herbal remedies, acupuncture, and dietary modifications.**



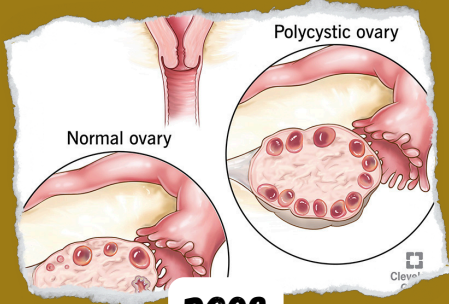
**HIGH BLOOD PRESSURE**

**High blood pressure: Silent killer, increases risk of heart disease, stroke. Holistic treatment includes dietary changes, stress reduction, exercise, and herbal remedies.**



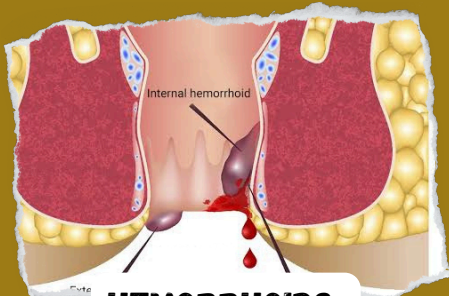
**EDEMA**

**Edema is swelling caused by excess fluid trapped in body tissues. Symptoms include swelling, and stretched or shiny skin. Holistic treatment includes compression, herbal remedies, and dietary changes to reduce sodium intake and improve circulation.**



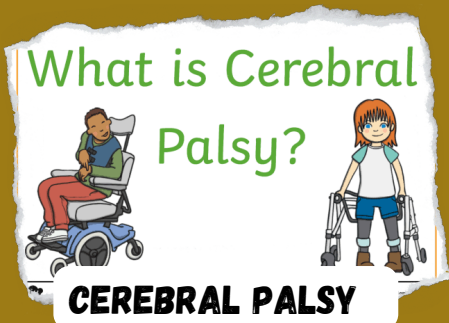
**PCOS**

**PCOS: Hormonal disorder common in women of reproductive age. Holistic treatment includes hormone balance through diet, acupuncture, herbal remedies, and stress reduction.**



**HEMORRHOIDS**

**Haemorrhoid or chronic pile disease: Swollen veins in the rectum causing discomfort, bleeding. Holistic treatment includes dietary fiber, herbal remedies, sitz baths, and stress reduction.**



**CEREBRAL PALSY**

**Cerebral palsy: Developmental disorder affecting movement, posture. Holistic care involves physical therapy, nutritional support, and assistive devices.**



**DIABETES**

**Diabetes is a metabolic disorder characterized by high blood sugar levels. Symptoms include thirst, frequent urination, fatigue. Holistic treatment includes a balanced diet, regular exercise, herbal supplements, and monitoring blood sugar levels.**



**AUTISM**

**Autism: Neurodevelopmental disorder affecting social interaction, communication. Holistic interventions include nutritional therapy, sensory integration, and behavioral therapy.**





**BREAST CANCER**

**Cancer care: Holistic treatment complements medical interventions with nutrition therapy, acupuncture, mind-body techniques, and emotional support.**



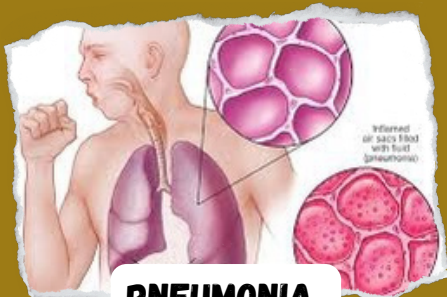
**BACK PAIN**

**Back pain: Stretching, proper posture, hot/cold therapy, massage, acupuncture, stress reduction. Holistic approach includes lifestyle changes, natural remedies, and preventive measures.**



**ERECTILE DYSFUNCTION**

**Erectile dysfunction: Inability to maintain erection. Holistic treatment includes lifestyle changes, stress reduction, herbal supplements, acupuncture, and supportive therapies.**



**PNEUMONIA**

**Pneumonia: Infection causing cough, fever, difficulty breathing. Holistic treatment includes antibiotics, rest, hydration, herbal remedies, and supportive care for immune system.**



**ALLERGIES**

**Allergies: Immune system overreaction to allergens causing sneezing, itching, congestion. Holistic treatment includes avoidance, herbal remedies, probiotics, and allergy-proofing environment.**



**MALARIA**

**Malaria and Typhoid: Infectious diseases causing fever, fatigue, gastrointestinal symptoms. Holistic treatment includes hydration, rest, herbal remedies, and supportive care.**



**COUGH**

**Cough:** Common symptom of respiratory irritation, infections. Holistic treatment includes herbal teas, steam inhalation, honey, and immune-boosting foods.



**ANEMIA**

**Anaemia:** Low red blood cell count, causing fatigue, weakness. Holistic treatment includes iron-rich diet, herbal supplements, stress reduction, and rest.



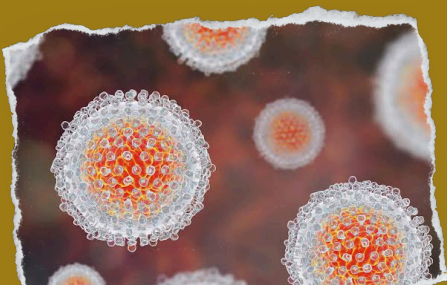
**DEPRESSION**

**Depression:** Mood disorder causing persistent sadness, loss of interest. Holistic treatment includes therapy, exercise, social support, herbal remedies, and stress reduction techniques.



**HORMONAL IMBALANCE**

**Hormonal imbalance:** Disruption in hormone levels leading to various symptoms. Holistic treatment includes hormone-balancing foods, herbs, stress reduction, and lifestyle changes.



**STD, UTI OR BLOOD INFECTION**

**Infections STDs and UTI or Blood Infections:** Transmitted through sexual contact or contaminated fluids. Holistic treatment includes antibiotics, herbal remedies, probiotics, and immune-boosting foods.



**MENSTRUAL DISORDER**

**Menstrual disorders** encompass a variety of conditions affecting menstrual cycles, causing irregular, painful, or excessively heavy periods, impacting women's health.



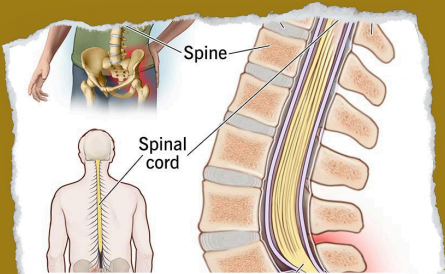
**MICROFILARIA**

**Microfilaria:** Parasitic worm transmitted by mosquitoes, causing lymphatic system blockages. Holistic treatment includes antiparasitic herbs, immune-boosting supplements, and mosquito control.



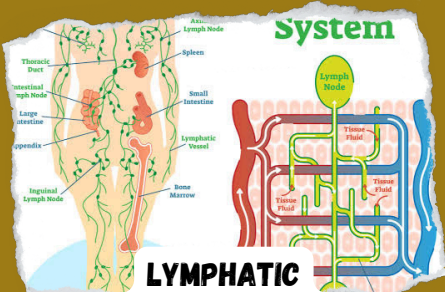
**STROKE**

**Stroke:** Sudden loss of brain function. Holistic treatment includes rehabilitation, stress reduction, dietary changes, herbal supplements, and mind-body therapies.



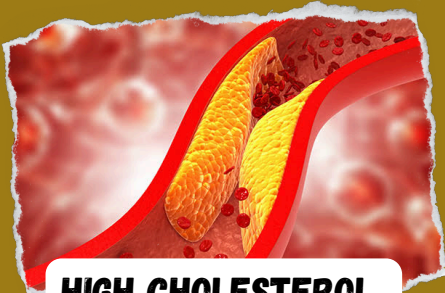
**SCIATICA NERVE PAIN**

**Sciatica nerve pain:** Radiating pain from the lower back down the leg. Holistic treatment includes gentle exercises, acupuncture, herbal remedies, and stress reduction techniques.



**LYMPHATIC INFLAMMATORY CONDITION**

**Lymphatic Inflammatory conditions:** Swelling, pain due to inflammation of lymphatic vessels or nodes. Holistic treatment includes lymphatic drainage, anti-inflammatory diet, and stress reduction.



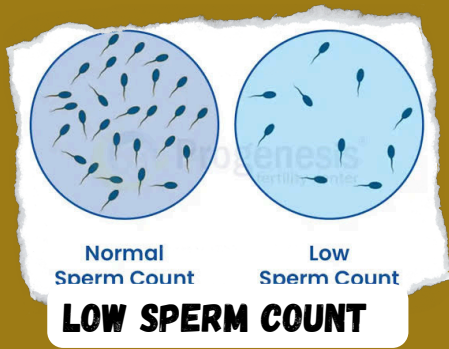
**HIGH CHOLESTEROL**

**High cholesterol:** Deposits in arteries increase heart disease risk. Holistic treatment includes dietary modifications, exercise, stress reduction, and herbal remedies.

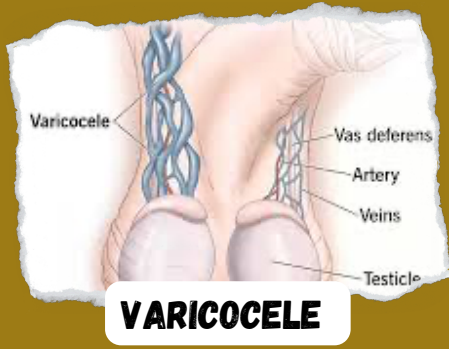


**INFERTILITY**

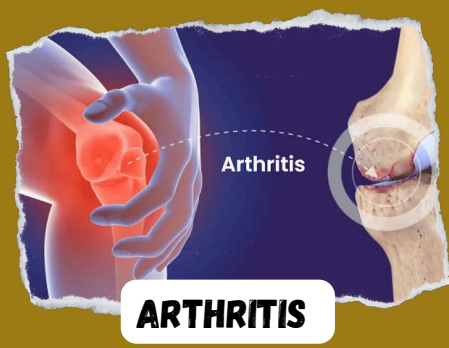
**Infertility:** Inability to conceive after a year of trying. Holistic treatment includes fertility-boosting diet, acupuncture, herbal remedies, and stress reduction.



**Low sperm count: Reduced sperm production affects fertility. Holistic treatment includes dietary changes, herbal supplements, stress reduction, and lifestyle modifications.**



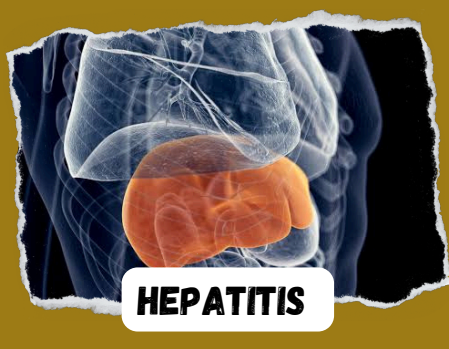
**Varicocele: Swollen veins in the scrotum, causing infertility. Holistic treatment includes lifestyle changes, herbal remedies, acupuncture, and supportive therapies.**



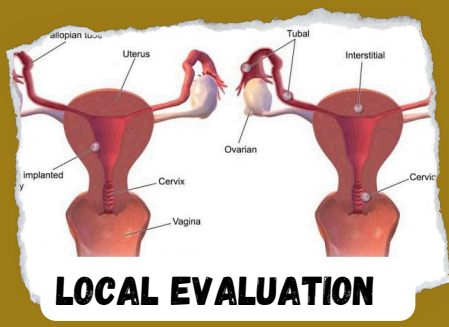
**Arthritis: Inflammation of joints causing pain, stiffness. Holistic treatment includes anti-inflammatory diet, acupuncture, herbal remedies, and stress reduction techniques.**



**Amenorrhoea: Absence of menstrual periods. Holistic treatment includes hormonal balance through diet, acupuncture, herbal remedies, and stress reduction.**



**Hepatitis: Inflammation of the liver. Holistic treatment includes dietary modifications, herbal supplements, acupuncture, and stress reduction techniques.**



**Local evacuation for missed miscarriage: Procedure to remove remaining tissue after miscarriage. Holistic care involves emotional support, herbal remedies, and proper nutrition.**



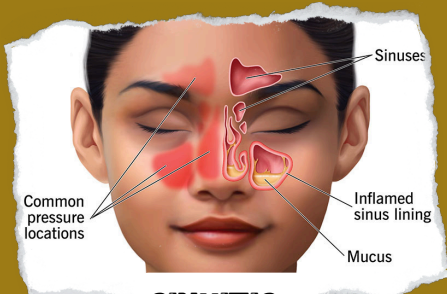
## ORGAN RELATED ISSUES

**Organs related issues:** Holistic management includes dietary changes, herbal remedies, acupuncture, and stress reduction techniques tailored to specific organ health.



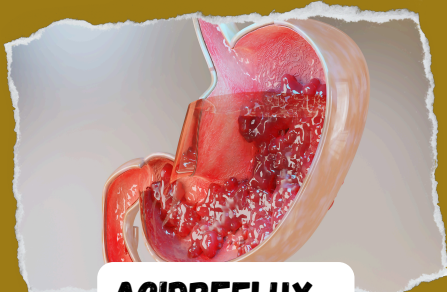
## INSOMNIA

**Insomnia:** Difficulty falling or staying asleep. Holistic treatment includes sleep hygiene, relaxation techniques, herbal remedies, and stress reduction.



## SINUITIS

**Sinusitis:** Inflammation of the sinus cavities. Holistic treatment includes saline rinses, steam inhalation, herbal remedies, and nasal decongestants.



## ACIDREFLUX

**Acid reflux:** Heartburn and regurgitation due to stomach acid flowing back into the esophagus. Holistic treatment includes dietary changes, herbal remedies, and stress reduction.



## ECZEMA

**Eczema:** Skin inflammation causing itching, redness, and rash. Holistic treatment includes moisturizing, avoiding triggers, herbal remedies, and stress reduction techniques.



## ASTHMA

**Asthma:** Chronic inflammation of airways causing wheezing, coughing, and shortness of breath. Holistic treatment includes avoiding triggers, breathing exercises, herbal remedies, and stress reduction.

## NOTE

*All treatments might not adhere strictly to stipulated days and months; durations can vary depending on the following:*

- *Will and wish of Allaah*
- *Severity of the cases*
- *Patient's seriousness with treatment and medication plans*
- *Patient's adherence to advice, warnings, rules, and regulations*

*We pray Allaah uses our facility as a source of joy (cure) and an end of sorrow (illness) for you. Aameen.*

*Thank you. 😊*

# PRODUCTS

	PRODUCTS NAME AND BENEFITS	PRICE
	<p><b>CALMING TEA</b></p> <p>Calming tea reduces anxiety, improves sleep, aids digestion, supports immunity, relieves pain, hydrates, and promotes relaxation through its soothing ritual.</p>	<p><b>N3500</b></p>
	<p><b>STROKE MANAGEMENT HERBAL BALM</b></p> <p>Stroke management herbal balm reduces pain, improves circulation, eases muscle stiffness, promotes healing, reduces inflammation, enhances mobility, and supports relaxation.</p>	<p><b>N5000</b></p>
	<p><b>HORMONAL IMBALANCE REGULATOR TEA</b></p> <p>Hormonal imbalance regulator tea stabilizes hormones, reduces PMS symptoms, alleviates menopause discomfort, boosts mood, improves sleep, supports metabolism, and enhances overall well-being.</p>	<p><b>N7500</b></p>
	<p><b>DEEP RELIEF BALM</b></p> <p>Deep relief balm alleviates muscle and joint pain, reduces inflammation, improves circulation, promotes relaxation, eases tension, enhances mobility, and supports faster recovery.</p>	<p><b>N1500</b></p>
	<p><b>JEDDY SOAP</b></p> <p>Jeddy soap cleanses deeply, nourishes skin, removes impurities, balances moisture, soothes irritation, provides antibacterial protection, promotes healthy complexion, and offers a refreshing scent.</p>	<p><b>N1000</b></p>
	<p><b>STEAMING HERBS</b></p> <p>Steaming herbs clear sinuses, alleviate congestion, improve respiratory health.</p>	<p><b>N6000</b></p>
	<p><b>SEASALT</b></p> <p>Sea salt contains minerals, aids hydration, supports electrolyte balance, promotes healthy pH levels, and adds flavor without excessive sodium intake.</p>	<p><b>N3500</b></p>

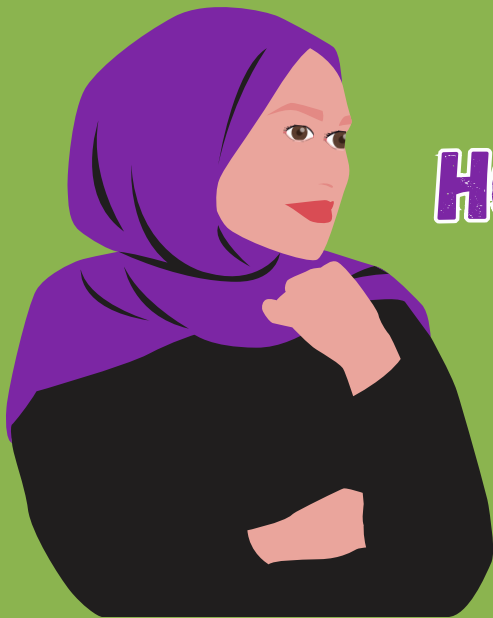
# PRODUCTS

	PRODUCTS NAME AND BENEFITS	PRICE
	<b>FAT BURNER OIL</b> Fat burner oils, support metabolism, increase satiety, and provide energy for workouts, aiding weight management.	<b>N5000</b>
	<b>STRESS ERADICATOR SOAP</b> A stress-eradicator soap contain calming scents or ingredients like lavender, promoting relaxation and soothing the mind after a long day.	<b>N4500</b>
	<b>IMMUNITY BOOSTER PASTE</b> An immunity booster paste include great ingredients known for their immune-supporting properties, aiding in overall health.	<b>BIG 15K</b> <b>SMALL 10K</b>
	<b>HERBAL COUGH SYRUP</b> A herbal cough syrup soothe throat irritation with ingredients like honey, ginger, and herbs, providing relief from cough and cold symptoms.	<b>BIG 5K</b> <b>SMALL 3K</b>
	<b>IMMUNITY BOOSTER SYRUP</b> An immunity booster syrup contain vitamins, minerals, and herbs like echinacea or elderberry, helping to strengthen the immune system against illnesses.	<b>BIG 12K</b> <b>SMALL 8K</b>



Spend the day experiencing the VIP services at Solal Holistics Maternity Clinic. Whether you choose a half day or a full day, treat yourself or someone special to a personal mini escape!

Select from our various Therapies, perfect as an excellent and memorable gift for a loved one. Our specialized packages are designed for your convenience and wellness, but you are welcome to customize your own package to suit your individual needs.



**SOLAL  
HOLISTICS AND MATERNITY  
CLINIC**

*From Solal Holistics And Maternity Clinic  
We Say*

*Thank  
you*

